

Sixth Grade- Life Skills Lessons Update- Executive Functioning

Weeks 12-17 (11/17-12/23)

*Look for the blue writing for at home ideas. This month a packet will be sent home regarding Executive Functioning and will include the activities your child has done thus far to encourage successful learning skills.

Week 12: Time Management (“Becoming an Organized Student”) (Ball)

*Ask your student what they’re doing to be a more organized student. (ex: Using agenda more, color coding notebooks/folders, using abbreviations in planners, cleaning out locker/desk/backpack, etc.)

Week 13: Thanksgiving Break

Week 14: Time Management (“Becoming an Organized Student”) (Burruss)

Week 15: Evening Time Log (Ball)

*Ask your student about their “evening time log” in which they indicated exactly what they do each night during the week to determine how much time is spent on homework, leisurely activities, with family, etc. Many students claim they “don’t have enough time” for homework at night; this activity allows for gaps to be found or areas of time that are spent heavily on leisurely activities (such as watching tv/video games/etc.).

Week 16: Evening Time Log (Burruss)

Week 17: Partial week for winter break- no class