

## **Sixth Grade- Life Skills Lessons Update- Executive Functioning**

Weeks 18-24 (1/5-2/13)

\*Students have been working through activities in an “Executive Functioning” packet. These will be sent home the week of January 26<sup>th</sup> for Mr. Burress’ class and the week of February 2<sup>nd</sup> for Ms. Ball’s class.

Week 18: Winter Break- No School

Week 19: Executive Functioning- Following Oral and Written Directions (Packet pg 33-35)

Week 20: Executive Functioning- Following Oral and Written Directions (Packet pg 33-35)

Week 21: No Class- Half Day

Week 22: Emotion Management- Coping Skills

Week 23: Emotion Management- Coping Skills

Week 24: WisCareers Task 1

-Students will create an account for WisCareers to help them identify different traits and strengths and explore careers that may match these traits.